

## Intended Use

For the quantitative determination of Aspartate Aminotransferase (AST) in human serum using the Yumizen C560 analyzer. **Rx Only.**

## Clinical Significance

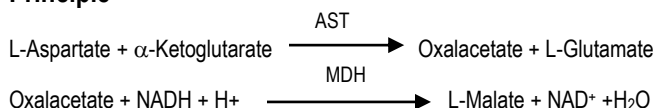
AST is widely distributed in tissues with the highest concentrations found in the liver, heart, skeletal muscle and kidneys. Diseases involving any of these tissues can lead to elevated levels of AST in serum. Following myocardial infarction, AST levels are elevated and reach a peak after 48 to 60 hours.

Hepatobiliary diseases such as cirrhosis, metastatic carcinoma and viral hepatitis can show increased levels of AST. Other disorders which can lead to an elevated level of AST are muscular dystrophy, dermatomyositis, acute pancreatitis and infectious mononucleosis.<sup>1</sup>

## Method History

Karmen<sup>2</sup> developed a kinetic assay procedure in 1955 which was based upon the use of malate dehydrogenase and NADH. Optimized procedures were presented by Henry<sup>3</sup> in 1960 and Amador and Wacker<sup>4</sup> in 1962. These modifications increased accuracy and lowered the effect of interfering substances. The Committee on Enzymes of the Scandinavian Society for Clinical Chemistry and Clinical Physiology<sup>5</sup> published a recommended method based on optimized modifications in 1974. In 1976, the Expert Panel on Enzymes of the International Federation of Clinical Chemistry (IFCC)<sup>6</sup> proposed the addition of pyridoxal-5-phosphate to the reaction mixture to ensure maximum activity. The IFCC<sup>7</sup> published a recommended method that included P-5-P in 1978. The present method is based on IFCC recommendations but does not contain P-5-P since most specimens contain adequate amounts of this cofactor for full recovery of AST activity.<sup>8,9,10</sup>

## Principle



Aspartate aminotransferase (AST) catalyzes the transfer of the amino group from L-aspartate to  $\alpha$ -Ketoglutarate to yield oxalacetate and L-glutamate. The oxalacetate undergoes reduction with simultaneous oxidation of NADH to NAD in the malate dehydrogenase (MDH) catalyzed indicator reaction. The resulting rate of decrease in absorbance at 340nm is directly proportional to the AST activity. Lactate dehydrogenase (LDH) is added to prevent interference from endogenous pyruvate which is normally present in serum.

## Reagents

After combining R1 and R2, the reagent contains: L-aspartic acid 200mM,  $\alpha$ -ketoglutaric acid 11mM, LDH (microbial) > 1000U/L, MDH (microbial)  $\geq$ 800U/L, NADH >0.18mM, buffer, sodium azide 0.28%, stabilizers.

## Reagent Preparation

The reagents are ready to use.

## Reagent Storage

Store the reagents at 2-8°C. The reagent is stable until the expiration date appearing on the label when stored as directed. Manufacturer studies have shown reagent is stable for 30 days once placed in the refrigerated reagent carousel (2-10°C), however reagent stability may vary based on individual laboratory conditions.

## Reagent Deterioration

Do not use reagent if:

1. The initial absorbance at 340nm is below 0.800.
2. The reagent fails to meet stated parameters of performance.

## Precautions and Hazards

1. This reagent set is for *in vitro* diagnostic use only.
2. The reagent contains sodium azide (0.28%) as a preservative. Do not ingest. May react with lead and copper plumbing to form highly explosive metal azides. Upon disposal, flush with a large volume of water to prevent azide build up.

### Hazards:

**R1:** Hazard Classifications: Specific Target Organ Toxicity, Single Exposure; Respiratory System (Category 3)

Hazard Statements: H335: May cause respiratory irritation.

Precautionary Statements: **Prevention:** P261 Avoid breathing dust/fume/gas/mist/vapors/spray. P271 Use only in a well-ventilated area. **Response:** P312 Call a POISON CENTER or doctor/physician if you feel unwell. P304 + P340 IF INHALED: Remove victim to fresh air and Keep at rest in a position comfortable for breathing. **Storage:** P403 + P233 Store in a well-ventilated place. Keep container tightly closed. **Disposal:** P501: Dispose of contents into sewer system after diluting with large volumes of water, if in accordance with local regulations.

**R2:** Hazard Classifications: Acute Toxicity, Dermal (Category 4),

Hazard Statements: H312: Harmful in contact with skin

Precautionary Statements: **Prevention:** P280 Wear protective gloves/protective clothing/eye protection/face protection. P312 Call a POISON CENTER or doctor/physician if you feel unwell. P363 Wash contaminated clothing before reuse. P302 + P352 IF ON SKIN: wash with plenty of soap and water. **Storage:** **Disposal:** P501: Dispose of contents into sewer system after diluting with large volumes of water, if in accordance with local regulations. **Refer to the Safety Data Sheet for this product (SDS-A7561) available by calling 1-734-487-8300.**



Signal Word: Warning



Signal Word: Warning

## Specimen Collection and Storage<sup>11</sup>

1. Non-hemolyzed serum is recommended. Red cells contain AST which can give falsely elevated results.
2. AST in serum is reported stable for ten days when refrigerated (2-8°C), two weeks when frozen (-20°C), and four days when stored at room temperature (15-30°C).

# Pointe AST Reagent Set

## Interferences

1. A number of drugs and substances affect AST activity. See Young, et al.<sup>12</sup>
2. Patients with severe vitamin B6 deficiency could have a decreased recovery of AST, presumably due to a lack of pyridoxal phosphate.<sup>13</sup>
3. Bilirubin to at least 18 mg/dl, and hemoglobin to at least 300 mg/dl, have been found to have a negligible effect on this procedure.

## Materials Provided

AST (SGOT) Reagents R1 and R2

## Materials Required but not Provided

1. Yumizen C560 Analyzer
2. Yumizen C560 Operation manual
3. Chemistry control, catalog number C7592-100

## Limitations

1. Samples with values above 500 IU/L should be diluted 1:1 with saline, re-assayed and the results multiplied by two.
2. Patients with severe vitamin B6 deficiency could have a decreased recovery of AST, presumably due to a lack of pyridoxal phosphate.<sup>13</sup>

## Calibration

The procedure is standardized by means of the millimolar absorptivity of NADH taken as 6.22 at 340nm under the test conditions described.

## Quality Control

The validity of the reaction should be monitored using control sera with known normal and abnormal AST (SGOT) values. These controls should be run at least with every shift in which AST (SGOT) assays are performed. It is recommended that each laboratory establish its own frequency of control determination. Quality control requirements should be performed in conformance with local, state, and/or Federal regulations or accreditation requirements.

## Expected Values<sup>13</sup>

8 to 22 IU/L (30°C)

5 to 34 IU/L (37°C)

Since the expected values are affected by age, sex, diet, and geographical location, each laboratory is strongly urged to establish its own reference range for this procedure.

## Performance

1. Assay Range: 3-500 IU/L.
2. Comparison: A study was performed between the Yumizen C560 and a similar analyzer using this method, resulting in the following:

| Method                  | AST                |
|-------------------------|--------------------|
| N                       | 81                 |
| Mean AST (IU/L)         | 81.9               |
| Range (IU/L)            | 10-467             |
| Standard Deviation      | 122.8              |
| Regression Analysis     | $y = 1.034x + 4.0$ |
| Correlation Coefficient | 0.9987             |

3. Precision: Precision studies were performed using the Yumizen C560 analyzer following a modification of the guidelines which are contained in NCCLS document EP5-T2.<sup>14</sup>

| Sample                       | Within Day |       |       | Total |       |       |
|------------------------------|------------|-------|-------|-------|-------|-------|
|                              | LOW        | MID   | HIGH  | LOW   | MID   | HIGH  |
| N                            | 20         | 20    | 20    | 40    | 40    | 40    |
| Mean                         | 75.0       | 268.6 | 387.2 | 71.4  | 272.2 | 384.9 |
| Standard Deviation           | 0.8        | 1.0   | 1.8   | 1.2   | 2.2   | 7.3   |
| Coefficient of Variation (%) | 1.1%       | 0.4%  | 0.5%  | 1.6%  | 0.8%  | 1.9%  |

4. Sensitivity: 2SD limit of detection (95% Conf) = 3 IU/L

## References

1. Tietz, N.W., Fundamentals of Clinical Chemistry, W.B. Saunders co., p 674 (1982).
2. Karmen, A., et al, J. Clin. Invest 34:126 (1955).
3. Henry, R.J., et al, Am. J. Clin. Path. 34:381 (1960).
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6. Expert Panel of Enzymes of the International Federation of Clinical Chemistry, Clin. Chem. Acta. 70:F19 (1976).
7. Expert Panel of Enzymes of the International Federation of Clinical Chemistry, Clin. Chem. 24:720 (1978).
8. Jung, K., Bohm, M., Enzyme 23:201 (1978).
9. Hafkenschied, J.C.M., Dijit, C.C.M., Clin. Chem. 25:1:55 (1979).
10. Horder, M., Bowers, G.N., Jr., Clin. Chem. 23:551 (1977).
11. Henry, R.J., Clinical Chemistry: Principles and Technics, 2<sup>nd</sup> Ed., Hagerstown (MD), Harper & Row, P882 (1974).
12. Young, D.S., et al, Clin. Chem. 21:1D (1975).
13. Kaplan, L.A., Pesce, A.J., Clinical Chemistry, St. Louis, C.V. Mosby, p.911-912 (1989).
14. NCCLS document "Evaluation of Precision Performance of Clinical Chemistry Devices", 2<sup>nd</sup> Ed. (1992).

## CHEMISTRY PARAMETERS

|                                |                                       |  |         |                     |               |
|--------------------------------|---------------------------------------|--|---------|---------------------|---------------|
| Chem:                          | AST                                   | No.:   | 203     | Sample Type:        | Serum         |
| Chemistry:                     | Aspartate Transaminase                |  |         | Print Name:         | AST           |
| Reaction Type:                 | Kinetic                               |  |         | Reaction Direction: | Negative      |
| Pri Wave:                      | 340                                   |  |         | Sec Wave:           | 412           |
| Unit:                          | U/L                                   |  |         | Decimal:            | 0             |
| Blank Time:                    | 0                                     | 0  |         | Reaction Time:      | 56 71         |
|                                | Sample Vol.                           | Aspirated                                      | Diluent | Reagent Vol.        | Diluent       |
| Standard:                      | 6.0 ul                                | --- ul   | --- ul  | R1:                 | 120 ul --- ul |
| Decreased:                     | --- ul                                | --- ul   | --- ul  | R2:                 | 30 ul -- ul   |
| Increased:                     | --- ul                                | --- ul   | --- ul  | R3:                 | --- ul -- ul  |
|                                | <input type="checkbox"/> Sample Blank | <input checked="" type="checkbox"/> Auto Rerun |         | R4:                 | --- ul --- ul |
| <b>Slope/Offset Adjustment</b> |                                       |  |         |                     |               |
|                                | Slope: 1                              | Offset: 0                                      |         |                     |               |

|  |      |                                  |  |      |
|--|------|----------------------------------|--|------|
| Linearity Range (Standard)             | 3    | 500                              | Linearity Limit:                                 | 0.3  |
| Linearity Range (Decreased)            | ---  | ---                              | Substrate Depletion:                             | 5000 |
| Linearity Range (Increased)            | ---  | ---                              | Mixed Blank Abs:                                 |      |
| R1 Blank Abs:                          | ---  | ---                              | Uncapping Time                                   |      |
| Blank Response:                        | ---  | ---                              | Reagent Alarm Limit:                             |      |
| Twin Chemistry:                        |      |                                  | <input type="checkbox"/> Enzyme Linear Extension |      |
| <input type="checkbox"/> Prozone Check |      | <input type="radio"/> Rate Check | <input type="radio"/> Antigen Addition           |      |
| Q1:                                    | Q2:  | Q3:                              | Q4:  |      |
| PC:                                    | ABS: |                                  |  |      |

# Pointe AST Reagent Set

## CALIBRATION PARAMETERS

|   |                                      |                                   |                 |             |             |             |
|---|--------------------------------------|-----------------------------------|-----------------|-------------|-------------|-------------|
| <b>Calibrator Definition</b>            |                                      |                                   |                 |             |             |             |
| Calibrator:                             | *                                    | Lot No.:                          | *               |             |             |             |
| Exp Date:                               | *                                    |                                   |                 |             |             |             |
| <b>Carousel</b>                         |                                      | <b>Pos</b>                        |                 |             |             |             |
| Sample Carousel 1                       | *                                    |                                   |                 |             |             |             |
| Sample Carousel 2                       |                                      |                                   |                 |             |             |             |
| Sample Carousel 3                       |                                      |                                   |                 |             |             |             |
| <b>Reagent/Calibration</b>              |                                      |                                   |                 |             |             |             |
| <u>Calibrator</u>                       | <u>Pos</u>                           | <u>Lot No</u>                     | <u>Exp Date</u> | <u>Chem</u> | <u>Conc</u> | <u>Unit</u> |
| Water                                   | W                                    | *                                 | *               | AST         | 0           | U/L         |
| <b>Calibration Setup</b>                |                                      |                                   |                 |             |             |             |
| Chem:                                   | AST                                  |                                   |                 |             |             |             |
| <u>Calibration Settings</u>             |                                      |                                   |                 |             |             |             |
| Math Model:                             | K Factor                             |                                   |                 |             |             |             |
| Factor:                                 | 4200                                 | Replicates:                       | 1               |             |             |             |
| <u>Acceptance Limits</u>                |                                      |                                   |                 |             |             |             |
| Cal Time:                               | 24                                   | Hour                              |                 |             |             |             |
| Slope Diff:                             | ---                                  | SD:                               | ---             |             |             |             |
| Sensitivity :                           | ---                                  | Repeatability:                    | ---             |             |             |             |
| Deter Coeff:                            | ---                                  |                                   |                 |             |             |             |
| <u>Auto Calib.</u>                      |                                      |                                   |                 |             |             |             |
| <input type="checkbox"/> Bottle Changed | <input type="checkbox"/> Lot Changed | <input type="checkbox"/> Cal Time |                 |             |             |             |

It is recommended that two levels of control material be assayed daily.

\* Indicates user defined parameter.

**REF** 14-A7561-375



Manufactured by  
HORIBA Instruments Incorporated-Pointe Brand  
5449 Research Drive Canton, MI 48188



### Certified to Perform Reagents

The Pointe reagents are certified to be manufactured according to specified parameters. Any Pointe reagent product not meeting specifications through its listed expiration date will be remedied immediately without charge.

Manufactured by HORIBA Instruments Incorporated – Pointe Brand  
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### Symbol Key

|  |                                       |                              |
|--|---------------------------------------|------------------------------|
| Use by (YYYY-MM-DD)                                  | <b>LOT</b> Lot and batch code         | <b>REF</b> Catalog number    |
| Manufacturer   | Temperature limitation                | Consult instructions for use |
| <b>IVD</b> <i>In vitro</i> diagnostic medical device | <b>Rx Only:</b> Prescription Use Only |                              |